The gentleman & lady's companion; containing, the newest cotillions and country dances; to which is added, instances of ill manners, to be carefully avoided by youth of both sexes..

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THE GENTLEMEN & LADY'S COMPANION; CONTAINING, THE NEWEST COTILLIONS AND COUNTRY DANCES; TO WHICH IS ADDED, INSTANCES OF ILL MANNERS, to be carefully avoided by YOUTH of both fexes.

And David danced before the Lord with all his might, and David was girded with a linen ephod. 2 Sam. vi. 14.

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THE GENTLEMAN & LADIES COMPANION.

COTILLIONS.

No. I.— Ca Ira.

BALANCE all eight, then half round, the fame back again, 1ft and 2d couple (oppofite) take your partner with both hands, chaffe with her to your fide with five fteps, back again to your places, balance with the oppofite couple, then crofs hands half round, back again with four hands round, a gentleman with the lady oppofite balance in the middle, and fet, the other

gentleman with the oppofite lady do the fame, right and left quite round until to your places. The 3d and 4th couples do the fame figures.

### No. II.— The Coquet.

All round, firft couple let to the left 4 couple, then the other couples, chaffe all 4, back again, face to the laft couple, and right and left quite round, face to your partner, chaffe only five fteps, back again, turn your partner to her former place: The fecond couple to the left perform the fame figures, and fo the third and fourth couples.

#### No. III.— The Convention.

[May be danced with the tune of York Fufiliers.]

All round, firft and oppofite couples, balance in the middle, fet, and turn, contrary partners, and retreat to your places, the other two couples do the fame, chaffe all eight and turn the lady to your right quite round, chaffe back to your places and turn the lady to your left, then form two lines long way four each fide balance, crofs hands tour, each corners, balance again, and crofs hands back, and come to your former places.

## No.IV.— La Fayette Forever .

All round, chaffe four open, back again, balance in the middle, then half right and left, the gentlemen balance 5 and turn the ladies to their left hand only half way, fet, chaffe all eight that you may be in your former places: The 3d and 4th couples do the fame.

# No V.— German Spa.

All round, the two opposite couples take your partner's hands, and change places; chaffe four only five steps, so back again, balance in the middle, set, half cross hands that you may be in your places, the same couple turn contrary partners opposite then turn your own with

your right hand half way, balance with your partner, fet, half right and left with the oppofite couples, which brings you to your former places; the other two couple do the fame.

#### No. VI.— Miss Chandler's Cotillion .

All round, right and left all eight half round until you meet your partners, then allemand with your partner until to your former places, chaffe all eight, turn the lady to your right quite round, chaffe back again and B 6 turn the lady to your left, then balance with your partner and turn her quite round.

#### No. VII.— Commencement.

Prominade round 40 fteps, fall into two lines, fet, four hands half way round, balance and back, half right and left with balance.

#### No. VIII.— Duke of York's Cotillion.

Top and opposite couple Allemand and affemble, chaffe to ladies place, fide couple the fame, take hands behind and balance, and prominade to your place.

### No. IX.— The girl I left behind me.

The gentlemen chaffe to opposite places, then short allemande and affemble in the middle and turn the opposite lady, gentlemen chaffe to places. all balance and half round; fide couple ditto; all balance and back to places.

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#### COUNTRY DANCES.

## No. I.— The New Pompe Room.

CAST off two couples, up again, 4 hands half round at top, back again, lead down the middle, up again and caft off one couple, right and left at top.

### No. II.— The Young Widow.

Four hands acrofs half round at top, back again, lead down the middle, and turn your partner half way, then up again, and caft off one couple, the firft gentleman ftand between the fecond and third ladies, fo his partner-between the fecond and third gentleman, balance all fix, then all half way round, firft couple ftand ftill, when the 2d & 3d couples balance in the middle, and half right and left, fo every one come to their former places.

#### No. III.— Allemand Swiss.

Cross four hands at top, half round, back again, caft off one couple, fet, 8 balance fix, and fet, then four land round at the bottom, back again, right and left at top.

#### No. IV.— White Cockade.

Caft off two couples, up again lead down, the middle, up again, caft off one couple, crofs hands at bottom, half round, back again, right and left at top.

### No. V.— Fisher's Hornpipe.

Caft off two couples, up again, lead down the middle, up again, and caft off one couple, crofs hands at the bottom, right and left at top.

## No. VI.— Pretty Nancy.

Crofs over the firft and fecond couples, balance at the bottom fecond couples, balance at the bottom, then turn your partner, crofs hands at bottom, right and left at top.

#### No. VII.— Sea Flower.

Crofs four hands, half round, back again, chaffe only the firft couple firft, gentleman fet with fecond lady, and his partner with the fecond gentleman, chaffe back again, then turn the fecond couple, that you may be between the fecond and third couples.

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#### No. VIII.— The Seasons.

Four hands acrofs half round, back again three first couples aliemand quite round, lead down in the middle, up again, cast off, fix hands half round, back again, right and left at top.

#### No. IX.— York Fusiliers.

Firft and fecond gentleman pafs to ladies fide, ladies lead to gentlemens fide, back again, caft off, turn corners, and lead out fides with your partner.

### No. X.— German Spa.

Balance two couples, then crofs hands half way, the fame back again, lead down the middle, up again and faft off one couple, right and left at top.

## No. XI.— Boston Assembly .

Four hands acrofs half round, back again, the fame allemand, lead down in the middle, up again, caft off, fix hands half round, back again, right and left.

# No. XII.— New-Jersey .

The firft lady balance to the third gentleman and turn the fecond, the firft gentleman the fame, then down 10 the middle, up again, caft off one couple, and right and left.

## No. XIII.— Bonny Lad.

Down the middle, up again, caft off one couple, right and left.

## No. XIV.— Washington's Reel.

Balance firft couple, change fides, ditto, back, down the middle, up again, caft off one couple, right and left.

### No. XV.— Richard's Hornpipe.

Down the outfide, up again, change fides, down the middle, up again, caft off, right and left.

#### No. XVI.— Jack's Alive.

Chaffe acrofs and rigadoon with the firft lady, back again, caft off, and right and left.

### No. XVII.— King's Return .

Balance and turn the firft gentleman, gentleman the fame, three hands round, down the middle, up again, right and left.

## No. XVIII.— Conftancy.

Crofs hands half round at top, back again, lead down the middle, up again, and caft off one couple, balance 11 fix, fet and turn your partner quite round, right and left at top.

#### No. XIX.— Irifh Wafhwoman.

Round right hands acrofs, back again, down the middle, up again, caft off, fix hands round, right and left.

### No. XX.— Scotch Bonnet.

Change fides, back, down the middle, up again, and caft off one couple.

#### No. XXI.— Maid of the Oak.

The firft lady fets to the fecond gentleman, turns the third, the gentleman does the fame, down the middle, up again, caft off one couple, right and left.

### No. XXII.— Merry go round.

The firft lady turn the fecond gentleman, the firft gentleman then turn the fecond lady, down the middle, up again, caft off, right and left.

## No. XXIII.— College Hornpipe.

Caft off three couple, up the middle, fame time the third couple up the middle and down the outfide, first and second couple hands round half way and back, down the middle, up again, right and left.

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#### No. XXIV.— Belles of New-York.

Four hands acrofs, back, down the middle, up again, and caft off, four hands rounds with third couple, right and left at top.

## No. XXV.— Apollo turn'd fhepherd.

Caft off three couple, up the middle, caft off one couple, four hands half round with the couple below, turn partners, right and left.

# No. XXVI.— Pleafures of dancing.

Balance, four hands half way round, ditto back again, balance and half right and left, ditto back.

#### No. XXVII.— Enchanted Wood.

Two couple balance, four hands acrofs, ditto back, down the middle, up again, right and left.

### No. XXVIII.— Charming Fair.

Caft off to the bottom, up again, four hands round.

#### No. XXIX.— Chefter caftle.

Caft off three couple chaffe up with the third lady and balance with her, chaffe to her place, bring up your partner, right and left.

## No. XXX.— Caty's Rambles.

The firft and fecond couple chaffe 13 down outfide, up again, four hands half round, back, down the middle, right and left.

## No. XXXI. Myrtle Grove.

Caft off one couple, change fides, ditto fecond couple, balance four abreaft, two couple ditto firft couple, right and left.

#### No. XXXII. Mail coach.

Caft off two couple, turn and lead up one couple, three couple balance and turn partners in the center, three couple balance, the lady turn the fecond gentleman, the gentleman turn the fourth lady, ditto the fecond lady and first gentleman, and turn to your places.

#### No. XXXIII. The Rofe.

Three couple balance and turn partners, ditto back, down the middle, up again, right and left.

### No. XXXIV. Mifs Levingsworth's Fancy.

Caft off four couple, up and down the middle, caft off one couple, the third gentleman give hands and chaffe round and back, the three ladies ditto, right & left. C

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#### No. XXXV. Ballar's Rant.

The three firft ladies dance round the three firft gentlemen, the three gentlemen ditto round the ladies, down the middle, up again, right and left.

## No. XXXVI. Lady Butter's whim.

Change fides, down the middle, up again, four hands half round and back, right and left.

## No XXXVII. Bafket of Oyfters .

Balance and three hands round with the lady, ditto with the gentleman, down the middle, up again, caft off, right and left.

#### No. XXXVIII. Mifs Moor's rant.

Caft off, up and down the middle, up again and caft off, three gentlemen balance and turn partners, ditto and back.

## No. XXXIX. The girl I left behind me.

Three firft couple balance, give left hands and pafs out between the firft and fecond gentleman, the firft and fecond couple coupee and rigadoon, third couple balance, give right hands and pafs out between the firft and fecond lady, the firft and fecond couple 15 coupee to the left, down the middle, up again, caft off, right and left.

#### No. XL. Merriman's Freedom.

Balance, half right and left, ditto and back, the gentleman chaffe half way round with the two ladies, ditto back, the lady turns the fecond gentleman, the gentleman ditto, caft off one couple with allamand, and change fides with your partner.

### No. XLI. Rural Felicity.

Caft off, up and four hands acrofs, down the middle, up again, caft off one couple, right and left.

#### No. XLII. Powels Hook.

Turn right hands and caft off one couple, turn left hands and crofs over another, lead to top, hands acrofs, back, lead down three couple, up one, caft off, right and left.

## No. XLIII. Tartan Pladdy.

Caft off, up and down the middle, fix hands round, right and left.

# No. XLIV. Money in both Pockets.

Balance and half right and left, ditto back, caft off one couple, four hands round and back.

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No. XLV. The General Toaft.

Four hands round with balance, down the middle, up again, right and left.

### No. XLVI. Patrick's Day.

Balance and change fides, down the middle, balance round your partner, ditto and turn her, fix hands half way round, ditto back with balance.

### No. XLVII. Liberty.

Balance and change fides, ditto and back, down the middle, up again, balance to your partner and turn her.

#### No. XLVII. Rofe Tree.

Three firft couple balance and turn partners, ditto and back, down the middle, up again, right and left.

#### No. XLIX. Mealitto.

Set, fix hands half round, back, down the middle, up again, caft off, right and left.

#### No. L. Baron Steuben's Favourite.

Balance to the fecond couple, four hands half way round, lead up on the outfide and turn to your places, form a circle with allemand and affemble, caft off, right and left.

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# No. LI. Bonny Lafs of Aberdeen .

Caft off outfide, down the middle, up again, turn your partner, fet 3 and 3 up and down, turn your partner and fet 3 and 3 fide ways to your places.

## No. LII. Succefsful campaign.

Down the cutfide, lead up and caft off one couple, fecond couple ditto, turn contrary partners half way round, crofs over one couple, right and left.

### No. LIII. Flowers of Edinburg.

Balance and fix hands round, ditto back, four hands acrofs half way round, ditto back, down the middle, right and left.

### No. LIV. Money Musk.

Six hands half way round and back, firft and fecond gentlemen balance together and turn round, the 1ft and 2nd ladies do the fame, down the middle, up again, caft off, right and left.

## No. LV. King of Denmark's favourite.

Four hands round half way and back again, the two gentlemen turn their partners round with right hands, D 18 lead down two couple, up again, caft off one couple, right and left.

#### No. LVI. Banks of the Dee.

Down the outfide, up and down the middle, up again, caft off one couple, fix hands round, right and left.

# No. LVII. A trip to the pavements.

Caft off one couple, lead through 3d, caft up, lead through the 2nd, lead down, up again, caft off, right and left.

# No. LVIII. Shady Grove.

Down the outfide, up again, down the middle, up again, caft off one couple, four hands round with the third couple, right and left at top.

### No. LIX. Frog and Moufe.

Four hands acrofs, half way round and back, crofs over two couple, lead to the top, caft off one couple, 1ft, 2nd and 3d gentlemen fett to partners, right and left at top.

#### No. LX. Love Forever.

Firft gentleman turn the 2nd lady, the 1ft lady the 2nd gendeman, four hands acrofs, half way round and back, lead down two couple, caft back 2nd 19 and 3d couple, following caft off one couple, right and left at top.

#### No. LXI. Daniel Flatt.

Change fides, down the middle, up again, caft off, right and left.

#### No. LXII. Come follow me.

The lady leads off two couple, the gentleman follows, the gentleman gives his left hand, and the lady her right, up again, down the middle, up again, caft off four bands, half round below, right and left at top.

# No. LXIII. Soldiers Joy.

Caft down two couple, up again, 1ft and 3d couple draw, 1ft 2nd and 3d couples allemand once round, caft off one couple, right and left at top.

# No. LXIV. Wilkes' fancy.

Firft couple crofs over fecond couple and turn partners, lead to the top, foot it, caft off one couple, fix hands round.

### No. LXV. Faithful Shepherd.

Hands acrofs, half way round and back, over one couple, right and left.

#### No. LXVI. Poor Soldier.

Balance to the 2nd gentleman and chaffs acrofs, the lady do the fame, 20 crofs over with fhort allemenad and affembly, chaffe to your place, down the middle, up again, caft off, right and left.

#### No. LXVII. Prefident.

Four hands acrofs, half round and back, caft outfide, up and down the middle, up again, caft off, right and left.

#### No. LXVIII. Pruffian Rofe.

Two couple balance and turn partners, ditto back and down the middle, up again, right and left.

#### No. LXIX. Belles of Norwich.

Caft ourfide, up and down the middle, caft over, four hands round with top couple, right and left with ditto.

#### No. LXX. La Belle Catharine .

Three couple balance and change places, balance and back, three couple prominade fingle, caft off, right and left.

### No. LXXII. Germans delight.

Caft outside, up again, four hands acrofs, down the middle, up again, caft off, four hands round with the third couple, right and left at top.

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#### No. LXXIII. Belles of Middletown.

Lead down the outfide, up again, down the middle, up again, caft off one coupie, the gentlemen balance together, the ladies do the fame, right and left.

#### No LXXIV. Irifh Rake.

Caft off, up and down the middle, up again, four hands half round, turn partners, right and left.

### No. LXXV. Miss Bradley's Reel.

Caft off one couple and turn your partners, caft up one couple and turn your partner, foot it, right and left at top.

#### No. LXXVI. Mifs Blair's Reel.

Caft off one couple, four hands at the bottom, caft up and four hands round at top, down the middle, up, again, caft off one couple, right and left at top.

#### No. LXXVII. Bower's Whim.

Foot acrofs and turn, caft off one couple, caft up one, lead off, caft off one, right and left.

## No. LXXVIII. Love in a Village.

Four hands acrofs, half way round and back, and 3d couples draw, 22 lead down two couple, caft up one, right and left at top.

### No. LXXIX. Bonny lad.

[Tune played twice.]

Down the outfide, up and down the middle, up again, caft off, four hands round with third couple, right and left at top.

### Inftances of ILL MANNERS, to be carefully avoided by youth of both fexes.

OMITTING to pay proper refpect to company, on entering or leaving a room; or paying it only to one perfon, when more are prefent.

Entering a room with the hat on, and leaving it in the fame manner.

Setting ftill on the entrance of your inftructor, ftrangers or parents.

Omitting the proper attention, when waited on by fuperiors.

Paffing between the fire and perfons fitting at it.

Whifpering, or pointing in company, 23 and ftanding between the light and any perforwanting it.

Contradicting your parents or ftrangers who are any way engaged in converfation.

Laughing loudly, when in company, and drumming with feet or hands.

Swinging the arms, and all other ankward geftures, efpecially in the ftreet, and in company.

All actions that have the most remote tendency to indelicacy.

Leaning on the fhoulder, or chair of another perfon, and overlooking perfons who are writing or reading.

Throwing things inftead of handing them, and crowding others in a paffnge, or running againft their elbows.

Contempt in looks, words, or actions, for a partner in dancing, or other perfons.

All inftances of that ill judged familiarity which breeds contempt.

Lolling on a chair when fpeaking or when fpoken to, and looking perfons earneftly in the face without any apparent caufe.

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Surlinefs of all kinds, efpecially on receiving a compliment.

Diftortion of countenance, and mimicry.

Ridicule of every kind, vice or folly.

A conftant fmile or fettled frown on the countenance.

FINIS.

A VARIETY OF BOOKS, *Ufeful, Entertaining and Inftructing*, are conftantly kept for Sale at JOHN TRUMBULL's *Book-Shop, Norwich*.

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